

Finding Freedom:
Cleaning House
Psalm 32:1-5
Sermon Notes

Confession is necessary because of what guilt does to us

Guilt destroys confidence

Guilt damages relationships

Guilt keeps me stuck in my past

How do I know what and how to confess?

Take a personal inventory.

Accept responsibility.

Ask God for forgiveness.

Admit my faults to another person.

Accept God's forgiveness and forgive myself!

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Psalms 32